



Parents Code of Conduct

- **Don't instruct your children before or after a Meet, because it may conflict with the coach's plans and strategies.**
- **Be a positive role model through your own actions to make sure your child has the best athletic experience possible.**
- **Be a "team" fan, not a "my kid" fan.**
- **Weigh what your children say.**
- **Show respect for the coaches, opposing athletes, spectators and support groups.**
- **Be respectful of all official's decisions, the team and coaches will handle any protest within the USATF boundaries if an unfair ruling prevails.**
- **Praise your student/athlete in their attempt to improve themselves as students, as athletes, as people, and as believers.**
- **Gain an understanding and appreciation for the rules of the contest.**
- **Recognize and show appreciation for an outstanding performance by other teams.**
- **Help your child learn that the measure of success is oriented in the development of a skill and improvement which should make a person feel good about themselves, win or lose.**
- **If you as a parent have a concern, take time to talk with the administrative coach in an appropriate manner including proper time and place. He/she will then bring your concerns to the head coaches and get back with you with next steps.**
- **Please reinforce our drug and alcohol free policies by refraining from the use of any controlled substances before and during athletic contests.**

Parents Signature: _____ Date: _____

Athletes Name(s) _____

