



## Athlete Code of Conduct

As an athlete of the Henson Valley Track Club I must:

- Exhibit good sportsmanship conduct at all times.
- Be honest and fair.
- Learn the value of commitment to the team.
- Show respect to all coaches, teammates, opponents, officials, and fans.
- Be respectful of all official's decisions.
- Not engage in rude behavior.
- Not use any offensive verbal communication.
- Not use any drugs, alcohol, tobacco or performance enhancing drugs.
- Live by team athletic motto:  
"Winning is a result of my commitment and my discipline."

I, \_\_\_\_\_, have read the above and do agree to accept and abide by the above statements. I do understand that if I fail to follow the above guidelines, I will be subject to suspension/dismissal from the team.

Athlete's Name: \_\_\_\_\_

Date: \_\_\_\_\_

Parents Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Witness Signature: \_\_\_\_\_

Date: \_\_\_\_\_